



CILANTRO SUPREME WITH CHLORELLA



PROTOCOL FOR MERCURY / HEAVY METAL DETOX

THE PROBLEM

Do you have mercury amalgam fillings in your teeth? Most Americans do. Mercury gases are released, primarily through chewing hot foods, and can accumulate within our bodily systems. Most all vaccinations also contribute large amounts of mercury, even to our infants. Research has shown that mercury toxins can impair the functioning of the Central Nervous System (CNS) and Immune Systems, thereby causing chronic neurological, viral, bacterial, and fungal illnesses. Both allopathic and holistic practitioners have observed that patients who have been diagnosed with these illnesses often have dramatic recoveries following an aggressive mercury detoxification/ amalgam replacement program.

CILANTRO

Omura Y and his colleagues at the Heart Disease Research Foundation in New York discovered the first known natural substance that can mobilize mercury from the CNS. They found that therapeutic doses of the fresh leaf of *Coriandrum sativum*, also known as Cilantro or Chinese parsley, can rapidly move mercury and other toxic metals from the CNS, either through being excreted via the stool and urine or translocated into peripheral tissues. Dried cilantro is ineffective, suggesting that the active substance is in the volatile, fat-soluble portion of the plant. Rapid changes in the brain and spinal cord after consuming cilantro can be demonstrated using autonomic response testing. Dietrich Klinghardt, M.D., Ph.D., recommends using a liquid extract of fresh cilantro blended with the synergist *Rumex crispus* (yellow dock).

CHLORELLA

Chlorella, an algae, must also be ingested in conjunction with cilantro. Herbs of Light's broken cell wall Yaeyama Chlorella comes from Japan. It assists and increases the ability of cilantro to remove mercury stored in interstitial fluids, muscles, ligaments, connective tissue and bone. It also aids in the excretion of mercury from the cellular membrane. The cell wall of chlorella absorbs large amounts of toxic metals while detoxifying the CNS from mercury. Using a chlorella and cilantro protocol has demonstrated great success with the body's ability to detoxify mercury, and seems to also act as a catalyst for other heavy metal excretion. Ingesting garlic also enhances the cleansing action.

WHY CAPSULES?

Herbs of Light encapsulated Chlorella is not heated from tablet pressing. This fact is extremely important, as heating kills the Life Force that assists the mercury detoxification, or chelation, process. There is nothing added to the chlorella, nor is it altered in any way. These 400mg preservative- and filler-free vegetarian capsules are in amber glass bottles with oxygen absorbing packs and double safety seals that assure a vibrant, full strength, pure and balanced food.

DOSAGE

Suggested dosage for Cilantro Supreme is 10-30 drops, 2 times a day, 6 days a week with liquids. Dosage for Chlorella is a minimum of four 400mg capsules each day, 6 days a week with food to assist the cilantro in mercury and heavy metal detoxification. For other generic use, take 2- 4 capsules a day with meals or as directed by physician.

Disclaimer: Statements made on this protocol have not been evaluated by the Food and Drug Administration. Our products are not intended to diagnose, treat, cure or prevent any disease.

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