



Herbal Blends Digest

BLOOD/LYMPH CLEANSE *Wildcrafted / Certified Organic* **CONTAINS:** Burdock root, Cleavers herb, Dandelion root, Neem leaf, Oregon Grape Root, Red Clover flowering tops, Red Root, Stillingia root. **ACTIONS:** Stimulates blood cleansing and lymph drainage. Good for cysts, lymph nodes, blood stagnation and blood detoxification. **DOSAGE:** Shake well. 30-40 drops 3 times a day. **NOTE:** Do not use during pregnancy.

BREATH ASSIST *Wildcrafted / Certified Organic* **CONTAINS:** Peppermint leaf, Cinnamon bark, Parsley root, Stevia leaf. **ACTIONS:** A natural refresher for breath and mouth caused by odors from food and GI tract putrefaction. Also aids in digestion. **DOSAGE:** Shake well. Spray into mouth 1-2 times as needed. **NOTE:** Do not use during pregnancy.

BROCCOLI-DEFENSE-- *Wildcrafted / Certified Organic* **CONTAINS:** Fresh Broccoli sprouts. **ACTIONS:** Provides increased protection against the risk of cancer. These sprouts have been shown to inhibit initial growth of various tumors while being effective in reducing the incidence and rate of growth of mammary tumors, as discussed within the research compiled by Johns Hopkins University School of Medicine. **DOSAGE:** Shake well. 20-40 drops 3 times a day. **NOTE:** If pregnant, consult a physician

CILANTRO-SUPREME *Wildcrafted / Certified Organic* **CONTAINS:** Cilantro leaf, Yellow Dock root. **ACTIONS:** Helps to assist the body in releasing Mercury toxicity from within the cell. Should be used in conjunction with Chlorella, which excretes the Mercury off of the cellular membrane. This has been found to be a catalyst for other heavy metal excretion as researched and stated by Dietrich Klinghardt, MD, Ph.D. Ingesting Garlic also assists in this activity. **DOSAGE:** Shake well. 10-30 drops two times a day. **NOTE:** If pregnant, consult physician.

COLON ASSIST *Wildcrafted / Certified Organic* **CONTAINS:** Barberry root, Butternut, Cascara Sagrada bark, Fringe Tree root bark, Oregon Grape Root, Rhubarb (Turkey) root. **ACTIONS:** Used for acute or chronic constipation. Stimulates peristalsis along with the digestive system. Very helpful for intestinal gas. **DOSAGE:** Shake well. 30-40 drops three times a day. **NOTE:** If pregnant, consult physician.

DIGESTION STOMACH *Wildcrafted / Certified Organic* **CONTAINS:** Bayberry root bark, Calamus rhizome, Cat's Claw inner bark, Fennel seed, Gentian root, Ginger root, Peppermint leaf, Wild Yam root. **ACTIONS:** Increases digestive capabilities. Stimulates secretions needed for breakdown of food nutrients along with building up of stomach tone. Helps with bloating and gas after dining. **DOSAGE:** Shake Well. 20-40 drops before meals. **NOTE:** If pregnant, consult physician.

ECHINACEA / GOLDENSEAL *Wildcrafted / Certified Organic* **CONTAINS:** Echinacea root, Goldenseal root. **ACTIONS:** Strengthens immune system by stimulating white blood cells while assisting poorly healing sub acute, chronic, mucous membrane inflammation. **DOSAGE:** Shake well. 20-30 drops three times a day. **NOTE:** Not to be taken during pregnancy, liver or kidney disease. Not for long-term use.

ENDLESS ENERGY *Wildcrafted / Certified Organic* **CONTAINS:** Damiana leaf, Fo-Ti root, Eleuthero root, Gotu Kola herb, Licorice root, Oat straw, Peppermint leaf, Prickly Ash bark. **ACTIONS:** Revitalizes mental and physical energies without the nervousness of caffeine or Ephedra. Creates endurance. **DOSAGE:** Shake well. 30-40 drops three times a day. **NOTE:** If pregnant, consult physician.

ESSIAC (2 oz) *Wildcrafted / Certified Organic* **CONTAINS:** Burdock root, Sheep Sorrel leaf, Slippery Elm inner bark, Rhubarb root (Turkey) **ACTIONS:** Helpful in breaking down nodular masses while acting as a blood purifier. Relieves pain, increases production of antibodies, and inhibits or halts diarrhea. **DOSAGE:** SHAKE WELL. 30-60 Drops three or four times a day. **NOTE:** If pregnant, consult physician.

EYESIGHT *Wildcrafted / Certified Organic* **CONTAINS:** Eyebright herb, Bilberry berry and leaf, Senega Snake root, Wild Cherry bark. **ACTIONS:** Assists the body in cleansing and strengthening the eyes. Useful for night blindness, irritable inflammation and in maintaining health of the optical system. **DOSAGE:** Shake well. 20-40 Drops three times a day. **NOTE:** If pregnant, consult physician.

FEMALE BALANCE-- *Wildcrafted / Certified Organic* **CONTAINS:** Black Cohosh root, Cramp Bark, Dong Quai root, Eleuthero root, Passion Flower herb, Shatavari root, Vitex berry, Wild Yam root, False Unicorn rhizome, **ACTIONS:** Useful in the treatment of balancing female irregularities within the menstrual period, PMS, menopause, endometriosis and estrogen/progesterone imbalance. Affects symptoms such as hot flashes, night sweats and cramps. **DOSAGE:** Shake well. 30-40 drops three times a day. **NOTE:** If pregnant, consult physician.

HEAD-EASE-- *Wildcrafted / Certified Organic* **CONTAINS:** Buttebur, California Poppy herb, Feverfew leaf, Scullcap herb, Valerian root, White Willow bark, Fenugreek seed, Peppermint leaf. **ACTIONS:** For acute or chronic headaches, neuralgias and general physical irritabilities. **DOSAGE:** Shake well. 30-40 drops up to four times a day. **NOTE:** If pregnant, consult physician.

HEAD/NOSE/THROAT-- *Wildcrafted / Certified Organic* **CONTAINS:** Echinacea Angustifolia root, Elder flower, Goldenseal root, Horehound herb, Osha root, Propolis beehive scrapings, Usnea lichen (not in our capsules). **ACTIONS:** Excellent for the relief of cold and flu symptoms. Provides anti-microbial activity against bacteria, viral and fungal infections, i.e., staph, strep, E. coli, chlamydia, salmonella, giardia. **DOSAGE:** Shake well. 20-40 drops three times a day. **NOTE:** If pregnant, consult physician.

HEALTH ASSIST (FEMALE) *Wildcrafted / Certified Organic (4 oz.)--***CONTAINS:** Blood / Lymph Blend, Female Balance Blend, Endless Energy Blend, Immune Booster Blend. **ACTIONS:** This Blend helps the **female body** in carrying out its **three most important activities in order to "heal itself":** **1) Cleansing** the toxicity by helping the liver with its blood filtration process along with assisting in lymph drainage **2) Promoting** the body's ability in rebuilding and rebalancing its energies in order for the organs and glands to start working well again **3) Assist** the rebuilding of the body's military system, which is our immune system **DOSAGE:** Shake Well. Take 4 squeezes (1 squeeze for each blend within this bottle) 3 times a day, 6 days a week until the body no longer needs assistance. **Note:** It is greatly suggested that the lifestyle, which created the loss of health, be changed while integrating this blend within the new lifestyle change - See the "Taking Responsibility" Video by Dean Martens, CH for this understanding. : If pregnant, consult physician.

HEALTH ASSIST (MALE) *Wildcrafted / Certified Organic (4 oz.)--***CONTAINS:** Blood / Lymph Blend, Male Balance Blend, Endless Energy Blend, Immune Booster Blend. **ACTIONS:** This blend helps the **male body** in carrying out its three most important activities in order to "heal itself".

**** Please see activities, dosage and note above in Health Assist (Female)**

HEART *Wildcrafted / Certified Organic* **CONTAINS:** Guggul resin, Ginkgo leaf, Eleuthero root, Hawthorn berry, Motherwort herb, Fenugreek seed, Ginger root, Prickly Ash bark. **ACTIONS:** Use for hardening of the arteries, valvular insufficiency and irregular pulse. Good for both high and low blood pressure, arteriosclerosis, angina and inflammation of the heart. A valuable heart tonic. **DOSAGE:** Shake well. 30-50 drops three times a day for a minimum of 3 months. **NOTE:** If pregnant, consult physician.

IMMUNE BOOSTER *Wildcrafted / Certified Organic* **CONTAINS:** Astragalus root, Cat's Claw inner bark, Echinacea Angustifolia root, Elder berries, Shiitake mushroom, Ginger root, Licorice root, Propolis beehive scrapings. **ACTIONS:** For stimulation and maintenance of the immune system. Use for both acute and chronic support of our defense system. Use in addition to other treatments if needed. **DOSAGE:** Shake well. 30-50 drops up to four times a day. **NOTE:** If pregnant, consult physician.

INTIMATE ASSIST (FEMALE) *Wildcrafted / Certified Organic* **CONTAINS:** Maca, Muira Puama, Oat Straw, Rehmania, Damiana, Saw Palmetto, Shatavari, Nettles. **ACTIONS:** Enhances healthy sexual responsiveness, sensitivity and interest. **DOSAGE:** Shake well. 20-60 drops 3 times a day, 6 days a week. **NOTE:** Not to be used during pregnancy, do not take if you have problems with the liver, kidneys or heart. Female Health Assist Blend and lifestyle change for addressing the cause. See "Taking Responsibility" video for this information.

INTIMATE ASSIST (MALE) *Wildcrafted / Certified Organic* **CONTAINS:** Maca, Muira Puama, Rehmania, Yohimbe, Ashwaganda, Nettles, Oat Straw, Saw Palmetto. **ACTIONS:** Promotes arousal, endurance and performance. Enhances sexual desire. **DOSAGE:** Shake well. 20-60 drops 3 times a day, 6 days a week. **NOTE:** Do not use if you have problems with the kidneys, liver, or heart. Male Health Assist Blend and lifestyle change for addressing the cause. See "Taking Responsibility" video for this information.

JOINT-EASE *Wildcrafted / Certified Organic* **CONTAINS:** Frankincense (Boswellia) gum resin, Alfalfa herb, Celery seed, Devil's Claw root, Yucca root, Burdock root, Dandelion root, Ginger root, Neem leaf, Prickly Ash bark, Turmeric root. **ACTIONS:** Useful for gout, rheumatism and arthritis by reducing pain, swollen joints and morning stiffness. Cleanses the blood while helping with the removal of deposits in the joints. Aids in the elimination of uric acid within the system. **DOSAGE:** Shake well. 20-40 drops three times a day, 6 days a week for minimum of 4 weeks. **NOTE:** If pregnant, consult physician.

KIDNEY / BLADDER *Wildcrafted / Certified Organic* **CONTAINS:** Cranberry, (not in our capsules) Boneset herb, Cornsilk leaf, Hydrangea root, Juniper berry, Uva Ursi leaf, Watermelon seed, Dandelion root, Pipsissewa herb. **ACTIONS:** Excellent for irritated kidney and bladder conditions arising from gravel or stones, congestion, cystitis, etc... Helps with inflame urinary tract discomfort. Decreases water retention. **DOSAGE:** Shake well. 20-30 drops three times a day. **NOTE:** If pregnant, consult physician. Increase water ingestion.

LIVER / GALL BLADDER *Wildcrafted / Certified Organic* **CONTAINS:** Milk Thistle seed, Barberry root, Dandelion root, Oregon Grape root, Fennel seed, Fringe Tree root bark, Ginger root, Licorice root, Wild Yam root. **ACTIONS:** Very helpful in relieving discomfort in liver and gall bladder after abuse from fatty foods and toxic substances. Creates both stimulation and regeneration of the liver, especially if abuses have stopped. **DOSAGE:** Shake well. 20-40 drops three times a day. **NOTE:** If pregnant, consult physician.

LUNG ASSIST *Wildcrafted / Certified Organic* **CONTAINS:** Balm of Gilead buds, Elder flowers, Goldenseal root, Hyssop herb, Lungwort herb, Mullein leaves & flowers, Osha root, Pleurisy root, Prickly Ash bark, Red root, Usnea lichen (not in our capsule), Wild Cherry bark. **ACTIONS:** Relieves distress caused from respiratory ailments such as bronchitis, pneumonia, croup, tuberculosis, emphysema and asthma. Useful in calming and soothing the irritated mucosal surfaces. **DOSAGE:** Shake well. 30-40 drops up to three times a day. **NOTE:** If pregnant, consult physician.

LYMES DEFENSE: *Wildcrafted / Certified Organic* **CONTAINS:** Barberry root, Cat's Claw bark, Cordyseps sinensis mushroom, Olive Leaf, Propolis bee-hive scrapings. **ACTIONS:** Assists the proliferation of lymphocytes and other immune system support while providing safe and significant antimicrobial effects of Lyme disease. **DOSAGE:** 30-50 drops in water or juice 3 times a day, six days a week. **NOTE:** should be used with oxy/Jojoba skin salve which is applied externally 3-4 times a day on "Bacterial bulls Eye" within 48 hours of infection. If pregnant, consult physician.

MAIREISHITAKE MUSHROOMS *Wildcrafted / Certified Organic* **CONTAINS:** Maitake mushroom, Reishi mushroom, Shiitake mushroom, Bitter melon. **ACTIONS:** Research indicates anti-tumor assistance. Other findings show help with chronic fatigue, diabetes, hepatitis, high blood pressure and rheumatoid arthritis. Recent studies suggest the ability to help prevent HIV destruction of T-cells along with the ability to inhibit carcinogenesis and metastasis. **DOSAGE:** Shake well. 20-40 drops three times a day. **NOTE:** If pregnant, consult physician.

MALE BALANCE *Wildcrafted / Certified Organic* **CONTAINS:** Ashwagandha root, Damiana leaf, Fo-Ti root, Ginseng (Korean) root, Maca, Saw Palmetto berry, Sarsaparilla root, Wild Yam root. **ACTIONS:** Helps to increase strength, weight and endurance. Eliminates metabolic waste. Balances and increases energies within the male system. **DOSAGE:** Shake well. 30-40 drops three times a day.

MENTAL MEMORY *Wildcrafted / Certified Organic* **CONTAINS:** Bacopa herb, Calamus rhizome, Ginkgo leaf, Gotu Kola herb, Eleuthero root, Oat straw, Scullcap herb **ACTIONS:** Very beneficial in the restoration of the nervous system. Used to retain memory and thought patterns. A rejuvenator of mental alertness while helping mental stresses and depressions. Used for enjoyable longevity. **DOSAGE:** Shake well. 20-40 drops three times a day. **NOTE:** If pregnant, consult physician.

MOOD ASSIST *Wildcrafted / Certified Organic* **CONTAINS:** Kava Kava root, St. Johns Wort flowering herb, Oat straw, Passion Flower herb, Prickly Ash root bark, Calamus rhizome, Dong Quai root, Ginkgo whole leaf, Gotu Kola whole herb, Eleuthero root, Nettles flowering herb, Schizandra berries. **ACTIONS:** Recommended for assisting depression and other "mood" conditions created by tension and anxiety. Helpful for neuralgia, fibrositis, sciatica and rheumatic pain. Can be used for muscular twitching. **DOSAGE:** Shake well. 20-40 drops three times a day. **NOTE:** If pregnant, consult physician.

NERVES / SLEEP *Wildcrafted / Certified Organic* **CONTAINS:** Black Cohosh root, California Poppy herb, Chamomile flowering tops, Hops strobiles, Oat straw, Passion Flower herb, Scullcap herb, Valerian root, Wild Lettuce herb. **ACTIONS:** Excellent sedative for hysteria to insomnia. Use for stress, worry, anxiety and irritable feelings. Creates a calming and soothing effect while helping to revitalize and rebuild the nervous system. **DOSAGE:** Shake well. 20-40 drops three times a day. **NOTE:** If pregnant, consult physician. Do not use with sedatives.

OVARY / UTERUS (2 oz) Wildcrafted / Certified Organic CONTAINS: Neem leaf, Pipsissewa herb, Cramp bark, False Unicorn root, Licorice root, Prickly Ash bark, Red Clover flowering tops, Saw Palmetto berry. **ACTIONS:** Excellent in drawing out infection and the shrinkage of fibroid tumors, ovarian cysts and other growths within the uterus. **DOSAGE:** Shake well. 30-40 drops three times a day. **NOTE:** If pregnant, consult physician. Use with information given in Natural Healing With Herbs, Santillo N.D., Humbart, 1993, page 335.

PANCREAS ASSIST Wildcrafted / Certified Organic CONTAINS: Bitter Melon fruit, Cinnamon Bark, Gymnema leaf, Kudzu root, Olive leaf, Bilberry leaf, Devils Club root bark, Fenugreek seed, Eleuthero root, Stevia leaf. **ACTIONS:** Helps to regulate and stabilize blood sugar imbalances for Hypoglycemia and Diabetes. Assists in curbing a desire for alcohol and sugar while helping to replenish body fluids. **DOSAGE:** Shake well. 20-40 drops three times a day **NOTE:** If pregnant, consult physician.

PARASITE Wildcrafted / Certified Organic CONTAINS: Green Black Walnut Hulls, Wormwood herb, Cloves unripened buds. **ACTIONS:** Very useful in the treatment of all stages of parasitic infestation from the egg to adult. **DOSAGE:** Shake well. 30-50 drops three times a day, 6 days a week for a minimum of 3 months. Consider also using with Yeast Away blend. **NOTE:** Do not use during pregnancy.

PROSTATE Wildcrafted / Certified Organic CONTAINS: Nettles leaf, Pygeum bark, Saw Palmetto berry, Cornsilk leaf, Damiana leaf, Dong Quai root, Sarsaparilla root, Yarrow flowering herb. **ACTIONS:** Very useful for inflammation of the prostate along with irritable urination within the male. Helps inflamed testicles due to sexual over activity. **DOSAGE:** Shake well. 30-40 drops three times a day.

RESISTANT MICROBES Wildcrafted / Certified Organic This blend assists greatly by killing pathogens of fungus, virus and especially bacteria . It is comprised of Eucalyptus leaves, Garlic bulbs, Goldenseal root, Juniper berries, Olive leaves, Oregano leaves, Thuja leaves, Wormwood plant and Grapefruit seed. These herbs create no bacterial resistance within our system unlike the pharmaceutical antibiotics. It does however, create a herxheimer effect, or ‘die-off’, if dosage is too high. The dosage should be started at the lower amount as described on the label or as directed by your physician. **DOSAGE:** Mix 10-20 drops IN WATER OR JUICE. 3 times a day before meals, 6 days on, 1 day off, or as directed by a physician. Do not use during pregnancy, while nursing, inflamed G.I. Tract, or exceed dosage.

SINUS Wildcrafted / Certified Organic CONTAINS: Bayberry root bark, Elecampane Root, Goldenseal root, Ground Ivy, Yerba Santa leaf, Calamus rhizome, Eyebright herb, Mullein leaf and flower. **ACTIONS:** Use in the treatment of allergies, hay fever, sinus, and congestion. Helps with infection and drainage of mucous membranes from eyes, ears, nose, and throat. **DOSAGE:** Shake well. 30-40 drops three times a day. **NOTE:** If pregnant, consult physician.

SKIN / COMPLEXION Wildcrafted / Certified Organic CONTAINS: Yellow Dock root, Goldenseal root, Myrrh gum, Oregon Grape root, Prickly Ash bark. **ACTIONS:** Helpful for all skin rashes, i.e., eczema, psoriasis, dermatitis, etc. Effective in dry skin conditions while promoting softer, smoother skin. **DOSAGE:** Shake well. 20-40 drops three times a day. **NOTE:** If pregnant, consult physician. If hormone related condition, use with MALE BALANCE or FEMALE BALANCE.

SMOKE OUT Wildcrafted / Certified Organic CONTAINS: Lobelia herb, Oat straw, Plantain herb, Hops flowers, Passion Flower, Scullcap herb, ,St. John’s Wort plant, Valerian root. Calamus rhizome, Dandelion Root, Licorice root. **ACTIONS:** Very helpful in effecting anxiety and the withdrawal jitters during smoking cessation. Soothes and supports the respiratory system while adding protection to the liver. When used with mentioned lifestyle changes, success becomes normal. **DOSAGE:** Shake well. Mix 20-40 drops in water or juice 3 times a day and 6 days a week. **NOTE:** Consider stopping animal products, caffeine, sugar and sodas until all urges stop. **CONTRA:** Not to be used during pregnancy.

THROAT ASSIST Wildcrafted / Certified Organic CONTAINS: Black Currant herb, Echinacea Angustifolia root, Ginger root, Goldenseal root, Licorice root, Maidenhair herb, Myrrh gum, Osha root, Propolis beehive scrapings, Stone root. **ACTIONS:** Helps soothe irritated throat and mouth. **DOSAGE:** Shake well. 2 sprays up to four times a day. Recommend adding Cayenne Extract to THROAT ASSIST-Then gargle and swallow. Each individual differs--add cayenne drops to feel "very warm" without burning mouth. **NOTE:** If pregnant, consult physician.

THYROID BOOST Wildcrafted / Certified Organic CONTAINS: Bladderwrack leaf and stem, Gotu Kola herb, Kelp herb, Nettles flowering herb, Irish Moss, Watercress leaf **ACTIONS:** Very useful in the nourishment and stimulation of a deficient thyroid gland. Helpful with obesity and goiter when associated with an under active thyroid. Also assists with skin texture and hair luster. **DOSAGE:** Shake well. 20-40 drops three times a day. **NOTE:** If pregnant, consult physician. Contraindicated in Hyperthyroidism--use Bugleweed instead.

VEINS ASSIST *Wildcrafted / Certified Organic* **CONTAINS:** Bilberry berry and leaf, Horse Chestnut root, Stone root, Witch Hazel bark and leaf, Mullein leaf and flower, Yarrow flowering herb, Yellow Dock root. **ACTIONS:** Very helpful for varicose veins by relaxing blood vessel walls. A great astringent in the treatment of hemorrhoids along with being great for post-surgical operations of the rectum. **DOSAGE:** Shake well. 30-40 drops three times a day. **NOTE:** If pregnant, consult physician.

VIRUS DEFENSE BLEND *Wildcrafted / Certified Organic* **CONTAINS:** Olive Leaf, Elderberry, Garlic bulb. **ACTIONS:** **Will significantly reduce Flu symptoms by up to 300% or more along with minimizing the need for other painkilling medications. **Exerts a potent action against a wide range of viruses in laboratory tests along with blocking key enzymes that aid viruses in their effort to invade and damage tissues. **DOSAGE:** Shake well. Take 2 full squeezes 3 times a day, 6 days a week in juice or water. **NOTE:** Not to be used during pregnancy or nursing.

VIRAL SPRAY (FOUR THIEVES) *Wildcrafted / Certified Organic* **CONTAINS:** Angelica root, Cloves fruit, Elecampane root, Horehound flowering herb, Rosemary leaf, Juniper berry, Sage herb, Wormwood herb, Camphor. **Actions:** **An herbal antiseptic used by thieves during the great plague. "While stealing valuables from plague victims, they were protected by this blend. Their sentence was mitigated from being burned at the stake if they did not share the contents of their herbal protection. They revealed this secret blend and then were hanged" – Parliament of Toulouse archives 1628-1631. **DOSAGE:** Spray on hands and rub on face as needed while sniffing vapors. Avoid contact with eyes. **NOTE:** Do not ingest this blend. **For external use only.**

YEAST AWAY-- *Wildcrafted / Certified Organic* **CONTAINS:** Black Walnut hulls, Echinacea Angustifolia root, Olive leaf, Pau d'Arco bark, Goldenseal root, Myrrh gum, Tansy herb, Usnea lichen (not in our capsules). **ACTIONS:** Designed for vaginitis and fungal infections due to candida overgrowth. Provides antiseptic qualities in aiding thrush, parasites, cold sores and intestinal worms. **DOSAGE:** Shake well. 30-40 drops three times a day. **NOTE:** If pregnant, consult physician.

NOTES: Liquid extracts should be taken before meals with liquids of water or juice .Capsules should be taken with 6 days on – one day off per week. In liquid form, the alcohol may be evaporated by placing drops in hot water for 4 to 6 minutes.

Disclaimer:

Statements made in this manual have not been evaluated by the Food and Drug Administration. Our products are not intend to diagnose, treat cure or prevent any disease.

REFERENCES

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